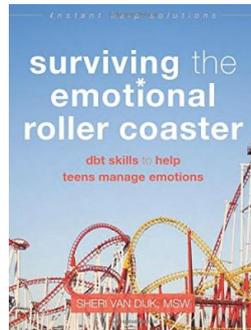


## Surviving the Emotional Roller Coaster: DBT Skills to Help Teens Manage Emotions



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