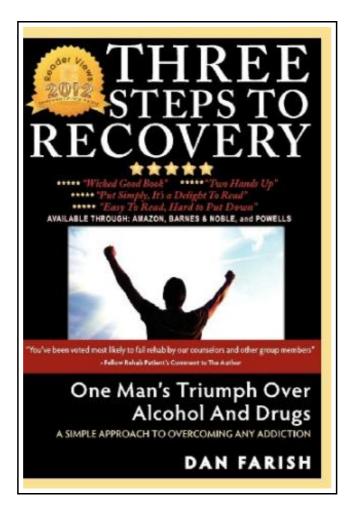
3 Steps to Recovery (Paperback)



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Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

(Blanca Davis)

3 STEPS TO RECOVERY (PAPERBACK)



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T-87 Publishing Company, United States, 2011. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.2012 Literary Award for best Autobiography and Memoir. I suppose most people might have learned something after experiencing a brush with death. It should have served as a wake up call that my huge appetite for drugs and alcohol were out of control. But it didn t, not even after several more near-misses. By age 21, I d managed to destroy four cars and my driver s license was revoked indefinitely. The last part of that sentence had something to do with smashing Dad s Ford Fairlane into a parked car while under the influence of barbiturates and alcohol. Most people would have learned something, but I wasn t like most people. I was young, angry, and an addict in the making. In fact, twenty more years would pass before I finally got the memo. This book is about my life story. I didn t want to write a book about myself, but couldn t think of another way to fill the pages of a book about beating addiction without including the events leading up to my own struggle with alcohol and drugs. Nor would I be able to share with you the life changing experience that cured a twenty-year addiction. That s right, cured. I m not a recovering alcoholic. Most addiction professionals will tell you the opposite. They will swear up and down that no addict or alcoholic can ever be cured and will forever remain in a state of recovery. They will have you believe that every addict is always just one drink or pill away from total relapse and ruination. Addicts are simply far too fragile and helpless to ever hope to...

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