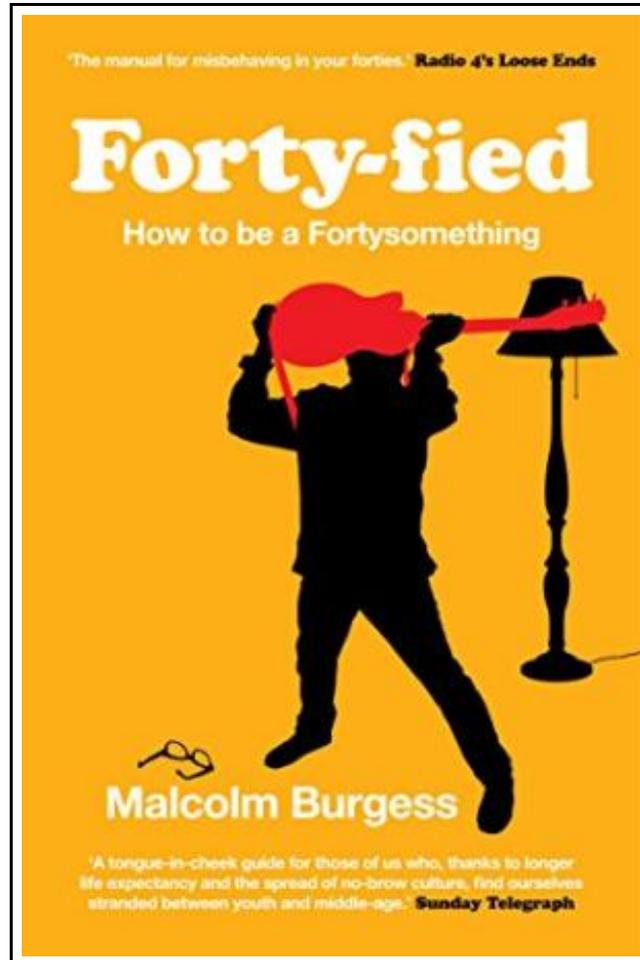


## Forty-fied: How to be a Fortysomething



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Icon Books Ltd. Paperback. Book Condition: new. BRAND NEW, Forty-fied: How to be a Fortysomething, Malcolm Burgess, "I Hate the Office" author presents a walking tour of your fifth decade, and advice on which fleece to take along. Is being forty the new thirty or are we all just kidding ourselves? Malcolm Burgess presents a riotous A - Z of the realities of fortysomething life in the Noughties. Riotous, that is, like having your iPod on in the house. Today's fortysomethings have never had it so good - or so confusing. While our parents could look forward to a sensible middle age we're more likely to be playing our Morrissey records and thanking God Jonathan Ross is on Radio 2. There are so many different ways of being in our forties that many of us aren't quite sure where we're supposed to go next - or just how grumpy we're meant to be. "Forty-fied" is the hilariously wry and observant essential guide to this complex decade in our lives. "The Metro" newspaper columnist and bestselling author of "I Hate the Office" leaves no embarrassing fortysomething scenario unturned - or do we mean unstoned? For anyone forty and fabulous, or who's forty and owns ten fleeces, this is the laugh-out-loud funny book of your dreams and no doubt your screams, too.



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