



## Developing Cognitive-Behavioural Counselling

By Windy Dryden

Sage Publications (CA). Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 8.4in. x 5.4in. x 0.5in. This book has many useful insights for other therapists... make a copy of the competency checklist: if we all scored highly and consistently, there would be no need for talk of national registration - The Therapist In this volume the authors develop the cognitive-behavioural counselling approach by offering newer conceptualizations of many common client problems. It is suggested that effective interventions will often need to take account of early maladaptive interpretations of situations and of the presence of personality disorders. The specifics of tackling problems as diverse as surviving in a family with a personality disordered member and post-traumatic stress disorder are elaborated. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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