



## Reflections of a 5th-Grade Girls Basketball Coach: Life Lessons from Girls Hoops

By Charlie Duncheon

Fastpencil. Paperback. Book Condition: New. Paperback. 170 pages. Dimensions: 7.9in. x 5.0in. x 0.6in. Drawing on his background as a competitive Indiana basketball player and an irrepressible love of the game, the author describes experiences in coaching his three daughters grade-school basketball teams in Los Gatos, California. Coach Charlie unabashedly recounts how he overcomes his Overly Competitive Coaching Disorder (OCCD) to become a better coach and mentor and parent. Charlie illustrates his learning process with often-hilarious anecdotes of practices, timeouts and motivational speeches. He highlights the importance of positive feedback, recognition and acknowledgement and the challenge of simply getting the girls attention. Prospective grade-school coaches will benefit from his insight, solid coaching theory and practical drills. Recounted with humility and humor, Reflections is a memoir, cautionary tale and coaching manual, clearly focused on the appreciation and benefit of young girl hoops players. A good read for coaches, sports league officials, teachers, sports fans and parents. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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