



Successful Assertiveness in a Week: Teach Yourself: How to be Assertive in Seven Simple Steps

By Dena Michelli

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Successful Assertiveness in a Week: Teach Yourself: How to be Assertive in Seven Simple Steps, Dena Michelli, The ability to assert yourself - to stand up for yourself while ensuring a win-win outcome - is crucial to anyone who wants to advance their career. Written by Dena Michelli, a leading expert on appraisals as both a coach and a practitioner, this book quickly teaches you the insider secrets you need to know to in order to be assertive. The highly motivational 'in a week' structure of the book provides seven straightforward chapters explaining the key points, and at the end there are optional questions to ensure you have taken it all in. There are also cartoons and diagrams throughout, to help make this book a more enjoyable and effective learning experience. So what are you waiting for? Let this book put you on the fast track to success! 'a useful confidence-building tool for those whose key aim is to find their inner power' Edge Online.



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