



The Yoga of Mind Control: Mind Power Secrets of the Ancient Yogis (Paperback)

By Yogacharya Michael Deslippe

Createspace, United States, 2010. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.The ancient yogis have always known about the immense powers that lie deep within all of us. How we think - our attitudes, outlook and mind-set - has a definite effect on what we are able to achieve in life. This view is exemplified in many of the most popular new age self-help and personal improvement strategies like The 7 Habits of Highly Effective People, How to Win Friends and Influence People, and The Secret, just to name a few. In fact, at the heart of any strategy for positive personal transformation is one thing - changing the way you think. The Yoga of Mind Control presents a concise sketch of the yogic view of the mind, the nature of our thoughts and the critical role that they play in shaping our lives. More importantly, it outlines how to unlock that enormous mental potential for our own personal growth and success. It also illustrates how our thoughts can influence others and the world around us, and the powerful potential this personal force has for contributing to transformation on...



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